

WORKOUT RECOVERY DRIP

Mobile/Home IV Fee Differs, call to inquire about fees. Dependent on location, event type, number of clients, etc.



This Workout Support IV Therapy includes a combination of amino acids blend (Taurine, Carnitine, Glutamine, Arginine, Lysine, and Ornithine), B-vitamins including B12, Magnesium, Zinc, and Electrolytes directly infused in a liter of normal saline for optimal electrolyte balance and absorption.

Essential amino acids are the building blocks of protein. Aminos are vital for many processes in the body and are especially important for muscular support. They play a crucial role in muscle building and recovery during and after workouts.

- **Glutamine** helps reduce muscle breakdown during intense workouts, while **Carnitine** helps promote fat utilization for energy during workouts.
- **Arginine** and **Citrulline** help increase nitric oxide production, improving blood flow and exercise performance.
- Essential minerals like **Magnesium** help reduce inflammation and soothe sore muscles.
- **Electrolytes** keep tissues and muscles hydrated during and after performance, while **Zinc** helps replenish lost stores through sweat.

Benefits: Increased Endurance | Improved Workout Capacity | Sore Muscle Relief | Faster Recovery | Reduced Inflammation | Enhanced Energy Production | Electrolyte Replenishment

Used For: Competition Prep | Competition Recovery | DOMS (Delayed Onset Muscle Soreness) | Training Supplement | Lean Muscle Mass | Joint and Muscle Pain | Weight Loss | Energy Boost

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